

**Judo : The Art Of Defence And Attack By Moshe  
Feldenkrais**

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Books in English by Moshe Feldenkrais: The Potent Self. Berkeley, CA: Frog Press/Somatic Resources, 1985, 2002; except for Judo: The Art of Defense and Attack.

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## **Judo - wikipedia, the free encyclopedia**

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## **Dr. moshe feldenkrais - better movement**

Dr. Moshe Feldenkrais; Articles; Staff; Judo: The Art of Defense and Attack New York: Frederick Warne & Co., 1944, 1967 "The body reflects the attitude of the mind.

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## **Mosh feldenkrais - wikipedia, the free**

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